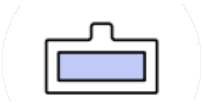
Recommended Resupply Schedule

Based on your insurance guidelines you will follow resupply OPTION____.

You were fitted with a: FULL FACE MASK NASAL MASK PILLOWS

ITEMS:	#1	#2	#3
Disposable Filters 	2 per month Replace every 2 weeks to prevent fine particles from entering your airway	2 per month Replace every 2 weeks to prevent fine particles from entering your airway	2 per month Replace every 2 weeks to prevent fine particles from entering your airway
Mask Frames	1 per 3 months Replace your face mask to prevent discomfort and inefficient CPAP treatment	1 per 3 months Replace your face mask to prevent discomfort and inefficient CPAP treatment	1 per 3 months Replace your face mask to prevent discomfort and inefficient CPAP treatment
Headgear & Chinstraps	1 per 6 months Get new headgear to replace any stretched and worn-out products, which can cause mask leaks	1 per 3 months Get new headgear to replace any stretched and worn-out products, which can cause mask leaks	1 per 3 months Get new headgear to replace any stretched and worn-out products, which can cause mask leaks
Water Chambers	1 per 6 months Prevent mineral buildup from getting in your airway with a new humidifier chamber	1 per 3 months Prevent mineral buildup from getting in your airway with a new humidifier chamber	1 per 3 months Prevent mineral buildup from getting in your airway with a new humidifier chamber
Cushions & Pillows	1 per month for FULL FACE MASKS or 2 per month for NASAL and PILLOW MASKS Replace mask cushions and pillows to help stop mask leaks	1 per month for FULL FACE MASKS or 2 per month for NASAL and PILLOW MASKS Replace mask cushions and pillows to help stop mask leaks	1 per 3 months for ALL MASK TYPES Replace mask cushions and pillows to help stop mask leaks
Tubing	1 per 3 months Heated or Non-Heated Replace tubing to ensure safe and clean air quality	1 per 3 months Heated or Non-Heated Replace tubing to ensure safe and clean air quality	1 per 3 months Non-Heated Only Replace tubing to ensure safe and clean air quality

Cleaning of Your PAP Supplies

Daily Cleaning	✚ Wash the cushion of your mask with mild dish soap or gentle baby shampoo with mild temperature water or use a CPAP mask wipe. ✚ Empty remaining water left in your water chamber from the night before and replace it with fresh distilled water.
Weekly Cleaning	✚ Wash hoses, water chamber, mask, and headgear in warm, soapy water. Rinse well and let dry.
Filter Maintenance	✚ Every 2-4 weeks change the white air filter located on the side or back of your machine.

- Please do **NOT** move or transport your unit with water in the humidifier. This may cause damage to the unit, and you may be responsible for any needed repairs.

- O-Zone Cleaners are not FDA approved. Use of one of these devices will void any warranty on your PAP device.

- After an illness you may wish to disinfect your supplies. Use 1-part white vinegar to 5-parts water. Do **NOT** soak more than 30 minutes. Rinse well and let dry.