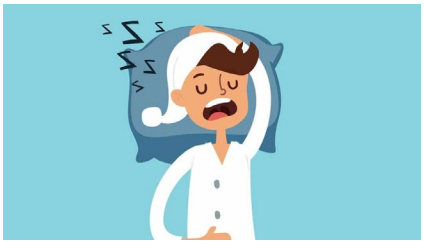
Quick Start Guide
ResMed AirSense™ 11



GET STARTED

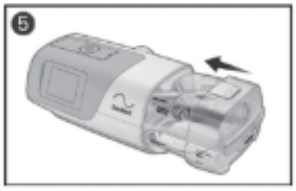
Start your therapy tonight so you can feel refreshed in the morning.

Place the device on a stable level surface.

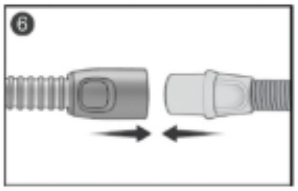
Connect the power cord into the power inlet at the rear of the device. Connect one end of the power cord into the AC adaptor and the other end into the power outlet.

Connect the air tubing firmly to the air outlet located on the rear of the device.

Open the water tub and fill it with distilled water under room temperature up to the maximum water level mark. The humidifier tub must be removed from the device before adding water.



Close the water tub and insert it into the side of the device.



Connect the free end of the air tubing firmly onto the assembled mask. Press Start/Stop to begin therapy.

Fit your mask. Follow the fitting instructions provided to you by your Respiratory Therapist at your appointment. Make sure that your mask is properly aligned on your face and your cushion is in the correct place to receive the pressurized air. Your headgear and frame should sit on your head and not cause any unwanted pressure or irritation.

Nasal Mask

Nasal Pillow Mask

Full Face Mask

GET SUPPORT

If you are having difficulties getting used to therapy, try using your machine's "comfort features" to help.

Do you have a dry nose or throat, or runny nose?

Increase the humidity level.

Are there droplets of water or condensation inside your nose, mask or tubing?

Tube temperature may be too low.	Increase the Tube Temperature
Humidity level may be too high.	Decrease the Humidity Level

Is the air pressure making it difficult for you to fall asleep?

Turn on the Auto Ramp or increase the Ramp Time.

Do you feel bloated?

You may be swallowing air. Turn on the Auto Ramp or increase the Ramp Time.

Do you feel like you are not getting enough air?

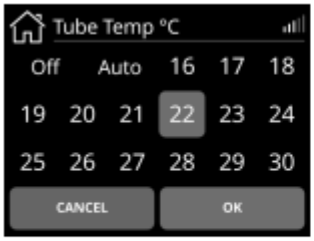
Turn the Ramp Time to "off".

Is air leaking from around your mask? Do you have sore or dry eyes?

Adjust your mask or headgear. It may need to be repositioned. Use the ***Mask Fit*** function in the **+More** menu to check mask fit and seal.

To change Humidity Level, see below.

Tube Temperature



1. Tap **Tube Temp**.
2. Tap the preferred setting.
3. Tap **OK** to save the change.

Climate Control

1. Tap **Climate Control**.
2. Tap **Manual**.
3. Tap **OK** to save the change.

Humidity Level

1. Tap **Humidity Level**.
2. Tap the preferred setting.
3. Tap **OK** to save the change.

Note: The temperature and humidity settings are not measured values.

Questions? Call 800-236-2619, Monday – Friday 8 a.m. – 4:30 p.m.